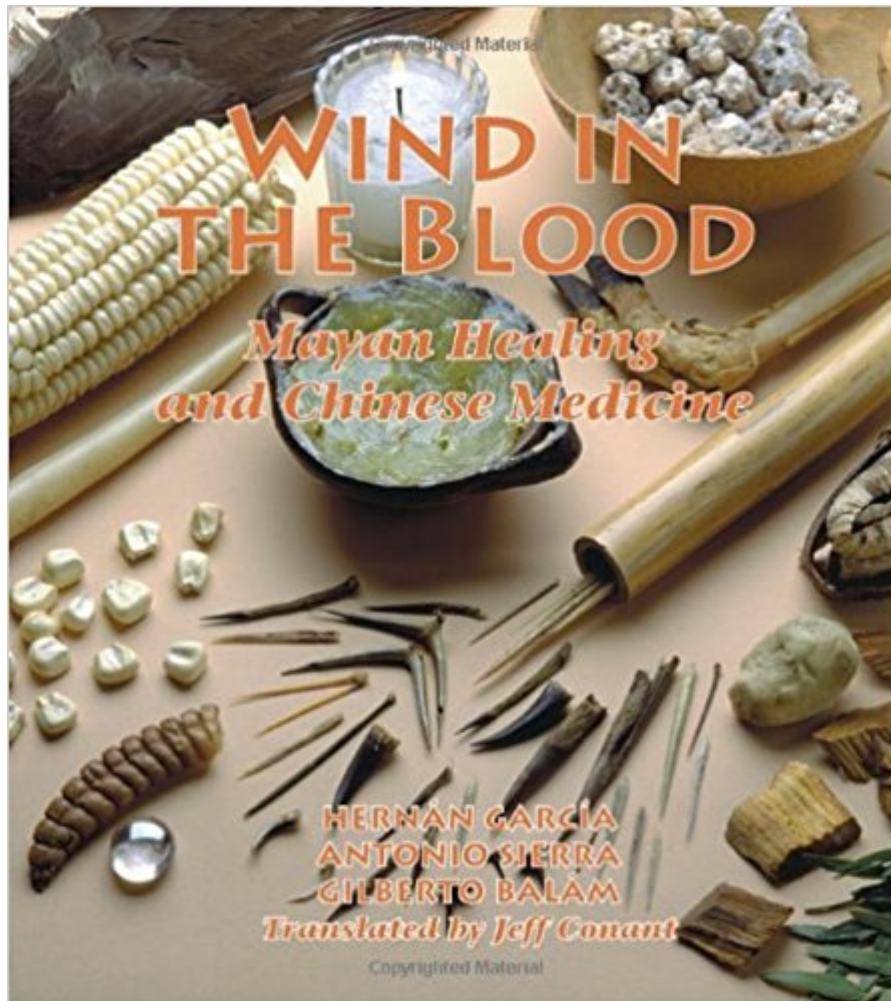


The book was found

Wind In The Blood: Mayan Healing & Chinese Medicine



Synopsis

Wind in the Blood is a detailed look at Mayan medicine on Mexico's Yucatan peninsula and its similarities to Chinese traditional medicine. It was originally published in Spanish as a manual for health workers in Mayan areas to bridge the gulf between Western medical technique and Mayan medical knowledge. Mexican physicians Hernan Garcia, Antonio Sierra, and Hiberio Balam discovered that the similarities between Mayan medicine and traditional Chinese medicine were profound and helpful in their medical work.

Book Information

Paperback: 320 pages

Publisher: North Atlantic Books (October 22, 1999)

Language: English

ISBN-10: 1556433042

ISBN-13: 978-1556433047

Product Dimensions: 8.5 x 0.9 x 9.4 inches

Shipping Weight: 1.8 pounds (View shipping rates and policies)

Average Customer Review: 4.9 out of 5 stars Â Â See all reviews Â (7 customer reviews)

Best Sellers Rank: #150,273 in Books (See Top 100 in Books) #55 in Â Books > Health, Fitness & Dieting > Alternative Medicine > Chinese Medicine #331 in Â Books > Health, Fitness & Dieting > Alternative Medicine > Herbal Remedies #11483 in Â Books > Medical Books

Customer Reviews

Having studied both Chinese Medicine and Maya Medicine, I was excited to find this book. I appreciate the context within which the authors offer the work, and the detailed information they have found and shared. It is fascinating to find common methods of healing between two distant cultures. Reading this book has helped me appreciate cupping and moxa in a more immediate way than how I learned it in my academic acupuncture training. This is a book I return to over time- looking up certain acupuncture points to learn about them from Maya point of view. I pick it up every now and then to be re-inspired by traditional healers who were observing the same human anatomy and physiology that I do today, but from a different perspective. There is always more to learn, and this book is written in service to our continued learning.

I truly enjoyed reading this book due to many reasons especially the fact that it highlights the fact that my ancestors had a wide array of medicinal knowledge that has survived to this day and is

being practiced by traditional healers. I truly commend the authors for overtaking this endeavour and would love it if they wrote a book and expanded more on mayan acupuncture. I was fortunate to grow up with many of the concepts presented in this book and labeled as "mayan medicine" I am safe to say that these healing practices exist in all of mesoamerica and both the nahuan and mayan peoples use them. furthermore having studied TCM in school allowed me to further appreciate the commonalities between two healing systems from literally two different corners of the world. I often times direct fellow medical students to this book when they wish to learn more about the rich mesoamerican healing traditions because many are familiar with TCM.

A better way to health.

So interesting!

[Download to continue reading...](#)

Blood Type Diet: An Essential Guide For Eating Based On Your Blood Type (blood type, blood type diet, blood type a, blood type o, blood type ab, blood type b, blood type diet success,) Wind in the Blood: Mayan Healing & Chinese Medicine Healing: Reclaim Your Health: Self Healing Techniques: Fasting, Meditation, Prayer, Healing Medicine, and Energy Work (Channeling, Shamanism, Chakra Healing, ... Qigong Healing, Ayahuasca Book 1) High Blood Pressure Cure: How To Lower Blood Pressure Naturally in 30 Days (Alternative Medicine, Natural Cures, Natural Remedies, High Blood Pressure ... Cures for High Blood Pressure, High BI) Chinese Cookbook - 25 Delicious Chinese Recipes to Chinese Food Made Easy: Recipes from Chinese Restaurants Wind Power Basics: The Ultimate Guide to Wind Energy Systems and Wind Generators for Homes Cash in the Wind: How to Build a Wind Farm using Skystream and 442SR Wind Turbines for Home Power Energy Net-Metering and Sell Electricity Back to the Grid Crystals and Gemstones: Healing The Body Naturally (Chakra Healing, Crystal Healing, Self Healing, Reiki Healing) Flower, Song, Dance: Aztec and Mayan Poetry Organic Coffee: Sustainable Development by Mayan Farmers (Ohio RIS Latin America Series) Herbal Remedies: The Ultimate Guide to Herbal Healing, Magic, Medicine, Antivirals, Antibiotics, herbs, Alternative Medicine, Magic, Medicine, Antivirals, ... Oils, Depression Cure, Natural Remedies,) REIKI: From Beginner to Expert - Energy Healing Double Book Bundle (+Bonus!) - Ultimate Guide to Reiki Healing & Chakra Healing (Energy Healing, Chakras ... Beginners, Reiki Symbols, Chakra Balancing) Reiki: The Healing Energy of Reiki - Beginner's Guide for Reiki Energy and Spiritual Healing: Reiki: Easy and Simple Energy Healing Techniques Using the ... Energy Healing for Beginners Book 1) HAPPY CHINESE NEW YEAR. Kids Coloring Book.:

Children Activity Books with 30 Coloring Pages of Chinese Dragons, Red Lanterns, Fireworks, Firecrackers, ... 3-8 to Celebrate Their Fun Chinese New Year! Chinese Hot Pot Cookbook - Your Favorite Chinese Hot Pot Recipe Book: No Other Chinese Cookbook Can Compare 49 Awesome Chinese Recipes (The Ultimate Chinese Cookbook That Brings an Entire American Chinese Buffet to Your Dinner Table) Chinese Recipes. Delicious Chinese Recipes For All The Family: Easy & Tasty Chinese Cookbook The Chinese Cookbook: 50 Great Recipes from the Chinese Kitchen (Chinese Cooking) Chinese Cooking: No Wok Takeout! 80 Amazingly Delicious 3 Steps Or Less Chinese Recipes Revealed (Chinese Cookbook, Cooking For One) (cookbook for beginners, ... meals cookbook, easy meals for one 2) Integrated Chinese: Level 2, Part 1 (Simplified and Traditional Character) Character Workbook (Cheng & Tsui Chinese Language Series) (Chinese Edition)

[Dmca](#)